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## SPORTSPLEX COMMUNITY CENTRE **COVID GUIDELINES – RETURN TO ICE**

**Updated October 4, 2021** 

\*\*Please note that all ice rentals, and these guidelines, are subject to change/cancellation depending on the status of COVID 19 and any provincial regulations that may be put in place.

## **General Information**

- All individuals must maintain physical distancing and wear masks/face coverings that cover their mouth, nose, and chin when not on the ice surface.
- The party renting the ice will be responsible for documenting who attended their rental for contact tracing purposes, including the name and contact information for every member of the public who attends an event. This record must be maintained for at least one month.
- A maximum of 35 people may be on the ice per rental, this includes Coaches/Instructors.
- It is recommended that all players arrive dressed, and are permitted to use the designated dressing rooms, to tie skates, fasten helmets, and remove skate guards. Masks/ face coverings must be worn in the dressing rooms until the skater is ready to go on the ice. There is a maximum of 2 dressing rooms per rental.
  - Dressing rooms 1,2,3, and 4 will hold 16 users.
  - Dressing rooms 5 & 6 will hold 6 users
  - Referees, will use the Referees room.
- Showers are available, physical distancing must be maintained.
- Users are permitted one small gym bag.
- The water fill stations will be disabled, so you must bring your own pre-filled water bottle.
- For practice situations one parent/guardian per ice user, under the age of 18, will be permitted to attend to supervise their child/children. For games, spectators will be allowed to attend, maximum of 100 spectators in the bleacher area. Masks/face coverings must be worn, and physical distancing must be observed throughout the Sportsplex.
- No Lost & Found. All items left in the facility will be disposed of.
- Any food and drinks brought into the facility must be consumed in the lobby area.
- Canteen will be open for select events.
- Please pay attention to the signage that has been posted to help direct you.
- Ice time must be paid for a month in advance.
- Prior to attending a practice or game each individual entering the Sportsplex must complete the attached Health Questionnaire

Users should wash and/or sanitize their hands frequently

## **Facility Access**

- Your group will have access to the building 15 minutes before your rental start time.
   Skaters, instructors, and supervising parents must enter through Main Front Doors.
- Direction of traffic will be marked.
- When the rental begins, the doors will be re-locked to ensure limited numbers are maintained.
- For practice, parents/guardians may stay in the lobby or bleacher area but must either
  exit out the double grey doors located between the rink and curling club or meet their
  child in the dressing room hallway and exit out the East hallway door. You will not be
  permitted to exit via the lobby.
- For games, spectators will exit via the double grey doors between the rink and curling club, and parents will meet their children at the dressing room and exit via the East hallway door, the same as practices. No exit through the main entrance.
- One timekeeper in timebox only and for game situations only
- An Isolation Room will be assigned as emergency quarantine room for anyone that falls ill. Proceed immediately to the Isolation Room if symptoms develop.
- Upon completion of the ice time, players will leave the ice pad using the same rink door.
- You must vacate the facility immediately after your rental time is finished (within 20 minutes). Skaters can change from their equipment to street clothes, in the same dressing room they used previously and exit the building through the door at East end of the dressing room hallway. Parents will exit using the same door.
- Once skaters, parents, and instructors have left, sanitization of the areas used will commence prior to the next rental's arrival.
- If a School or Workplace has sent participants/players home or identified that the
  participants/player must remain in isolation due to close contact of a confirmed or
  suspected COVID case or a school or workplace closure, the participant/player
  CANNOT attend any rental at the Sportsplex until the mandatory isolation period has
  ended, as per the most recent Ontario Regulations and/or they receive a NEGATIVE
  COVID test result and are symptom free.
- Any positive cases of COVID by any participants (players, coaches, trainers, managers, parents, spectators, etc....) MUST be reported to the Recreation and Facilities Manager immediately.

- Social gatherings of participants and spectators both before and after the booking inside the arena is not permitted. This includes spectator stands, change rooms, lobbies, hallways, etc. Please limit gathering outside of arenas. Ensure a two-metre physical distance and wear masks/face coverings if parents and/or participants are gathering in the arena parking lots.
- Zero tolerance! Failure to follow guidelines and policies could result in immediate ejection from the facility and future booking privileges revoked. The Municipality of Powassan may cancel future bookings without refunds.
- The Powassan Voodoos Junior "A" team will follow the protocols as set out through the NOJHL.

## **HEALTH QUESTIONNAIRE**

Before entering the facility, any visitors should complete a health questionnaire. The purpose of the questionnaire is to verify that visitors are free (to the best of their knowledge) of COVID-19 symptoms, as well as other related restrictions in accordance with Public Health Ontario recommendations.

- 1. Have you traveled outside Canada in the past 14 days?
- 2. Have you tested positive for COVID-19 or has had close contact with a confirmed or probable COVID-19 case?
- 3. Do you have any of the following symptoms?
  - a. Fever/Chills
  - b. New cough or a cough that is getting worse
  - c. Shortness of breath
  - d. Difficulty breathing
  - e. Sore throat
  - f. Difficulty swallowing
  - g. Decrease or loss of sense of taste or smell
  - h. Unusual Headaches
  - i. Unexplained fatigue/malaise/muscle aches
  - j. Nausea/vomiting, diarrhea, abdominal pain
  - k. Runny nose or nasal congestion without other known cause
  - I. Feeling unwell for an unknown reason

If the individual answers **NO** to all health questions, they have passed the screening and can enter the facility. If the individual answers **YES** to any of the health questions or refuses to answer, then they have failed the screening and cannot enter the facility.

It should be explained to the individual the next steps, which include contacting the North Bay Parry Sound District Health Unit – 705-474-1400 or seeking advice from a medical professional.